

## Close Quarter Weapons

### Close Quarter Blue Tag Vs Defence Drill Green Tag

When attacked the **Defence Drills** are designed to quickly 'counter attack' and gain distance to escape.

**Close Quarter** techniques are designed to 'counter attack' when its not possible or practical to escape. Often resulting in having to use some kind of restraint technique.

**White** = **sgl hand Bat attack**...blck/trap, step behind, take down.

**yellow** = **dble handed diagonal bat attack**...blck, rear punch/scratch, thro' gap in arm, rotate up and over, grab bottom of bat - counter attack

**yellow snr** = **dble handed vertical bat attack**....charge in using pointed elbow block, both hands grab neck, duck head to outside of attackers arms, pull down, and follow through.

**gold** = **swinging bat**...timing & trap against body, rear hand grabs attackers bat wrist, arm bar take down.

**gold snr** = **bottle attack**....diagonal block, under or over head rear knife hand across attackers face to turn it away, step behind and take down.

**orange** = **pointing stick**....extend straight arm grab end of bat, rear knife hand pivot against attackers wrist, counter strike using bat.

**orange snr** = **FLOOR knife to throat, MOUNT position**....leg trap, both hands grab knife hand pushing down, leg & hip push to roll in same direction knife is pointing, use free hand to grab attackers head or elbow to aid roll. Keep knife against attacker as roll on top.

**green** = **knife at stomach**...twisting blk, grab knife hand, arm bar or chop to throat, counter attack

**green snr** = **Right hand knife waving at head (small movements to intimidate)**.... Rotate body to right whilst doing a high left inward block, right hand grabs knife hand, Left hand knife hand strike to attackers throat, still holding knife hand do side kicks to knee and groin. Follow through.

**blue** = **PUMPING knife ice pick**...as white belt but sequential blocking moving forward forcing attacker backwards, trap & take down.

**blue snr** = **Right hand knife slashing at body**....tuck body in, slide back, 'timing' left hand grab knife hand wrist, right hand claw strike face, raise knife up, Fig' 4 take down.

**purple** = **Right hand knife upward groin**..Right hand over left scissor block, push head into attackers right shoulder forcing backwards, with both hands rotate knife hand to right, keeping close to chest for goose, slide back forcing attacker down to floor.

**purple snr** = **Right hand knife roundhouse**....double forearm block, left grab wrist, right chop neck, Right hand grabs attackers right shoulder and force down, knee's and follow through.

**red** = **knife in right hand against front of throat, both angles** = **Blade pointing to right**...Step back whilst left hand grabs knife wrist, push knife hand down against attackers body, Right palm strike to head, right hand replaces left hand, left hand grabs elbow using as a pivot as right hand counter attacks with knife.

**Blade pointing to left**..Move to right whilst doing left outward block, left hand grabs knife hand, strike head with right hand and follow through with any techniques...

**red snr** = **behind, knife against throat**...Both hands on knife wrist(1) straight elbow break (2) pull head back under attackers arm pit & stab (3) straighten arm & throw

**brown** = **gun to chest**....step aside, straight arm grab gun, rotate gun away, inward block to elbow, kicks & take gun.

**brown snr** = **gun to forehead**....pivot & up/over